

Regional Cadet Support Unit (Pacific)  
PO Box 17000 Station Forces  
Victoria, BC V9A 7N2

3937-1085-3 (J3 Asst Ops O/CAF Engagement)

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Distribution List

**WARNING ORDER**  
**EX COUGAR FORTRESS 2026**

Ref: A. [RCSU Pacific Program Operation Plan Fiscal Year 2025-2026](#)  
B. [RCSU Pacific Calendar](#)

**SITUATION**

1. 39 Combat Brigade Group is conducting a brigade level exercise at the Chilcotin Training Area to develop field operation skills for their sub-units presenting an opportunity to expose cadets to career possibilities within the Canadian Army Reserve.

**MISSION**

2. RCSU Pacific will organize a unique opportunity that allows 19 cadets and one Junior Canadian Rangers to experience what training for the Canadian Army Reserve looks like.

**ADMINISTRATIVE INSTRUCTIONS**

3. Dates of Training. Ex COUGAR FORTRESS will be conducted from 16 Mar 26 to 19 Mar 26, exclusive of travel days, staging from Prince George, BC consisting of:

- a. work up 16 Mar 26;
- b. field component 16-19 Mar 26; and
- c. de-kit 19 Mar 26.

4. Cadet Registration. This activity is open to cadets from any elemental identity. Cadets that wish to participate in Ex COUGAR FORTRESS must be registered in Fortress serial ***39CBG 2026*** which will be open from 12 Jan 26 to 22 Feb 26. Late applications will not be accepted. Cadets will be selected NLT 27 Feb 26 those not selected will show as “refused” in Fortress. Individuals wishing to apply shall meet the following criteria:

- a. not be older than 18 years of age by the end of the activity;
- b. have successfully completed Phase Four / Gold Star / Level Four of the local corps/squadron program;

- c. have successfully completed time at a CTC or two overnight activities at the corps/squadron;
- d. have an active Cadet 365 account;
- e. be fluent in English language;
- f. be free of medical and dental problems and meet the participation limitations (PLs) listed in para 5;
- g. provide supporting experience or skills in the Significant Achievements and Other Required or Relevant Information field in Fortress; and
- h. be recommended and prioritized by their Corps/Squadron Commanding Officer.

5. **Participation Limitations.** Corps/squadron commanding officers should use their discretion when nominating cadets if they have additional PLs not listed in this document that may impact a cadet's ability to participate. Reach out to the RMLO if further clarification is required. The limitation restrictions for this activity are as follows:

- a. cadets with the any variation of the following PLs shall not be considered:
  - (1) may participate in physical activities at own pace and duration,
  - (2) unable to carry a rucksack or lift loads,
  - (3) unable to participate in field training or exercise,
  - (4) no handling of loaded firearms (air rifles), target rifles and explosives,
  - (5) unfit CTC, NDA, or RDA, or
  - (6) unable to travel by air; and
- b. cadets with the following PLs may apply but will require additional consultation with the RMLO prior to participation:
  - (1) requires enhanced screening for all activities outside corps/squadron area of responsibility,
  - (2) must be within 30 minutes of physician services,
  - (3) may require special care during overnight activities - Verify with cadet,
  - (4) may require close supervision,
  - (5) may require extra assistance,
  - (6) must not sleep or work in any areas above the ground, or

(7) may not participate in training or activities with meals.

c. cadets wishing to apply that have PLs listed in sub-para 5a should initiate a PL review with the RMLO to have their PLs reviewed.

6. Billet Allocation. There are 20 billets for this activity with allocations as follows:

- a. Vancouver Island Area: four;
- b. Lower Mainland Area: ten;
- c. Interior Area: five; and
- d. Junior Canadian Rangers: one.

7. Accommodations. During work ups, cadets will be housed in barracks or hotel with linen provided. During the field component cadets will be housed in modular tents on cots. Appropriate sleeping bags shall be provided.

8. Rations. While in the field cadets will be served a mixture of MREs and fresh meals from a Canadian Armed Forces field kitchen. Apart from vegetarian and religious dietary restrictions, other dietary restrictions cannot be accommodated. Those who are requesting foods to meet vegetarian or religious dietary restrictions must advise the OIC via email.

9. Equipment. Cadets selected to attend shall be issued all required field training equipment upon arrival at the staging area.

10. Travel Documents. All travel documents will be published in Fortress once the cadets have been selected.

11. Escort Selection Process. There are four escort positions available for the activity including an activity officer-in-charge. Individuals interested in working as an escort officer shall apply using the J1 SharePoint tool “Expressions of Interests” **NLT 22 Feb 26**. Individuals wishing to be an escort officer should meet the following criteria:

- a. be available from 14 Mar 26 to 21 Mar 26;
- b. have a valid 404;
- c. be medically and physically fit; and
- d. not have a medical exemption limitation that would preclude active supervision of the activity.

12. Contact Information. The OPI for this activity is Capt Maritza Matheson, J3 Operations Officer. Inquiries or returns can be directed as follows:

- a. email: [RSCUPac.J3@cadets.gc.ca](mailto:RSCUPac.J3@cadets.gc.ca) with subject line “Soldier for a Week”; and

b. office phone: 250-363-0900.

M. Novak  
Maj  
J35

Distribution List

Action

All Pacific Region Cadet Corps/Squadrons

39 CBG

Information

RCSU//DCO/COS/RCWO/Area OC/Zone Trg O/PAO/ROCC/RMLO/J35/J4/RCSU Pacific Central Registry/