



Field Training Exercise 'FTX Deas Dukes'

Deas Island Regional Park, Delta BC

Friday 31 October to Sunday 2 November

1. As part of the regular Army Cadet Training Program, the 2290 RCACC BCR (DCO) Cadet Corps will conduct 'FTX Deas Dukes' from 1700hrs on Friday 31 October to 1400hrs Sunday 02 November 2025.
2. This overnight FTX will be conducted at the Group Camp Site in Deas Island Regional Park at 6090 Deas Island Rd Delta, BC. Some of the activities during the FTX include map and compass, orienteering, fieldcraft, small party leadership taskings, teamwork, and other supervised core program related safe and fun activities.
3. Background: 2290 RCACC BCR (DCO) staff have conducted an in-person reconnaissance of the training area. The 'Recce' report determined the area to be suitable and safe to deploy for an overnight training exercise. The group camp site and area have covered lesson spaces, washrooms and potable water. The cell signal strength in the area is high, and the staff will also have newly acquired radios for communication. A field forward Command Post (CP) will be established at the site both as 24/7 first aid post, as well as safety rally point. Additionally, the local hospital in Delta, BC is only 6 kms away from the training area, at 5800 Mountain View Blvd, Delta, BC.
4. Leading up to FTX Deas Dukes, 2290 Cadets will continue with their dry training and kit preparations. Troop and Section Commanders will continuously monitor the Cadet's preparations to ensure the Cadets are trained and have the required individual and Squadron level equipment and clothing.
5. Parents/Guardians are to drop off their Cadet at our Local HQ (The Drill Hall at 620 Beatty Street) no earlier than 1630 hrs (4:30pm) on 31 October 2025 (with all their personal kit). The bus departs at 1700hrs. Cadets will be ready for pick up from the LHQ at 1400 hrs on 02 November 2025.
6. Major Jim Blomme will be the point of contact throughout the FTX and can be reached at james.blomme@cadets.gc.ca and/or by calling 778-789-4883.
7. Parents/Guardians are requested to sign the permission slip below including identify any updates to your Cadets medical history, medication requirements and of any special dietary needs or allergies.

I give permission for Cadet _____ to participate in 2290 BCR Cadet Corps FTX 'Deas Dukes' at Deas Island Regional Park in Delta, BC, from Friday 31 October to Sunday 02 November 2025.

I have provided relevant updates to my Cadets medical history, medication requirements and of any dietary needs and or allergies.

Name and Signature of parent/guardian

Date signed.



BASIC PERSONAL KIT LIST (DETAIL KIT LISTS TO BE UPDATED BY TROOP STAFF)

Suitable Outdoor Clothing (FTU and issued Field Training Boots) - Dress for the expected weather!

- wool socks/sports Socks (2 pairs ea.)
- undergarments, short and long
- t-shirts, long sleeves
- toque/gloves/scarf
- sweater/hoodie (Warm Fleece)
- warm weather resistant jacket (and or Issued cadet overcoat)
- rain gear (waterproof jacket, Poncho, and pants)

Personal toiletries

- towel/wash cloth
- soap
- toothbrush/toothpaste (Dental Floss)
- deodorant

Sleeping kit (Provided but Cadets are recommended to use their own, if appropriate for conditions)

- Sleeping bag
- Sleeping mat

** Some Rucksacks can be made available for Cadets identified in advance.

Meals - Cadets will be eating prepared rations and some meals ready to eat (MREs)

- Please bring a canteen or water bottle, 1L
- Mug (suitable for hot liquids)

Miscellaneous

- Flashlight with batteries/Pen and Note Pad/
- Sunglasses (optional)/Sunscreen
- Pocket Knife/Multi-tool (OPTIONAL, and at parents' & CO's discretion).
- Locking, fixed, or sheathed blade is acceptable, with blade under 6 inches.

NOTE: Swiss Army style knives that do not have locking blades, or have loose blades, are not recommended as the blade may fold back unexpectedly causing injury. Fillet knives are not acceptable, nor are switch-blade style knives. Hunting-type knives with long fixed blades are not appropriate for cadet activities, nor are "Rambo" knives.

Other Prohibited and Restricted Items Include: Alcohol, Illicit Drugs, Weapons, Tobacco Products, Vaping devices

The Cadet Corps is not liable to any electronics items such as an iPhone. However, these items may be secured in the Cadet Corps Field Command Post to avoid water damage.