

Regional Cadet Support Unit (Pacific)
PO Box 17000 Stn Forces
Victoria BC V9A 7N2

3937-4500-3 (Reg Trg)

Date in Signature Block

Distribution List

WARNING ORDER –
PRE-PARACHUTIST EVALUATION 2026

Reference: A. [CATO 16-02 – Applications with Medical Conditions](#)
B. [1085-3 \(DCOS Ops\) OPLAN: Cadet Program Fiscal Year 25/26 \(1 April 2025 – 31 March 2026\)](#)
C. [1085-3 \(DCOS Ops\) SUPPLAN Selection for the Cadet Parachutist Course](#)

SITUATION

1. The Pre-Parachutist Evaluation 2026 (Pre-Para 2026) is a regionally directed activity conducted annually within Pacific Region. This activity will facilitate ranking between senior Army Cadets from Pacific Region to prioritize cadets who will be recommended to attend the Canadian Armed Forces (CAF) Basic Parachutist course this summer at CFB Trenton.

MISSION

2. Regional Cadet Support Unit (Pacific) (RCSU (Pacific)) will organize this activity IAW the Canadian Cadet Organizations (CCO) directives and the Canadian Army Advanced Warfare Centre (CAAWC) standards to select the top five cadets and two spares. Pre-Para 2026 will be held as per the following:

- a. Dates: 23 – 27 March 2026;
- b. Location: Vernon Military Camp, Vernon, BC

ADMINISTRATIVE INSTRUCTIONS

- 3. Selection of Candidates – Cadets will be selected based on the following criteria:
 - a. Successfully achieve the CAF Basic Parachutist fitness standard of:
 - (1) 1.6 km run in under 7 minutes and 30 seconds;
 - (2) 31 consecutive sit-ups; and
 - (3) 7 consecutive chin-ups.
 - b. Cadet must be a minimum of Gold Star Qualified;

- c. Have successfully completed a minimum of one (1) 4-week CTC course;
 - d. Cadet must not have been previously Returned to Unit for disciplinary reasons;
 - e. Cadet must be able to function within an unfamiliar, demanding environment;
 - f. Be free of any ailment, condition (physical, mental or otherwise) or injury preventing them from partaking in training or meeting the fitness standard and;
 - g. Cadets must be 16 years of age effective the start of the Basic Parachutist course and not turn 19 before completion of the CAF Basic Parachute course.
4. Adult candidates - CIC Officers who are interested in applying as candidates for the CAF Basic Parachutist course must submit an expression of interest to the regional training common inbox at rcsupac.regionaltraining@cadets.gc.ca by **16 Jan 2026**. Interested CIC officers must meet the same criteria of cadet participants, outlined above. Successful competition of Pre-Para does not guarantee being course loaded on the CAF Basic Parachutist course this summer.
5. Validation of Fitness Standard – Cadets/adults interested in attending Pre-Para **will** have to submit a video in advance directly to the Regional Training common inbox at rcsupac.regionaltraining@cadets.gc.ca demonstrating that they can achieve the minimum physical fitness standard before they will be considered for selection. A detailed demonstration video of the required Basic Parachutist fitness standard was created by Central Region and can be found on YouTube at <https://www.youtube.com/watch?v=i-A5MH2nTgU>. Proper screening and preparation at the corps level is extremely important to ensure that the cadets/adults have the opportunity to be successful. If a cadet/adult arrives at Pre-Para clearly unprepared to participate in training they may be returned to unit.
6. Selection of Support Cadets – Up to two support cadet positions have been allocated for this activity. Any senior Army Cadet who has successfully completed the CAF Basic Parachutist course may apply via their CO to Capt Ken Russell via MS Teams or e-mail.
7. Registration - A Pre-Para serial in FORTRESS is now open. The following direction will apply for registration:
- a. FORTRESS – A thorough review of each cadet's eligibility and participation limitations shall be done at the Corps prior to submission. Corps will apply through FORTRESS using 'Activities by Selection' using the following:
 - (1) Pre-Para 2026. Nominations are to be submitted by **16 Jan 26**.
 - b. Confirmation of Cadet Selection – Regional Training will announce cadet selections in Fortress NLT **2 Feb 26**. All acceptance of offers must be completed through Fortress NLT **20 Feb 26**.
8. CAF Basic Parachutist Course 2026 selections - Successful competition of Pre-Para does not guarantee being course loaded on the CAF Basic Parachutist course. Final advanced training billets

are approved by the Formation Commander in early spring. It is anticipated that a decision will be made by the end of March 2026 before the competition of Pre-Para but is always subject to operational requirements.

9. Rations and Accommodations. Rations and accommodations will be provided at Vernon Military Camp. Any cadets that have a dietary concern must let RCSU know well in advance so that accommodations can be made by emailing the regional training common inbox at rcsupac.regionaltraining@cadets.gc.ca.

10. Transportation. Regional Training in conjunction with J4 Movements will publish Movement Orders on Share Point and Fortress prior to the start of the activity. For any cadet who lives within one hour of the training location, the start and end point of this activity will be Vernon Military Camp with parent drop off/pick up.

11. Financial Coding. The financial coding to be used for Pre-Para 2026 is 3937XA 54700A C120 (Applicable GL) IO 217166 Commitment #A26RUSQ410 (Applicable Line).

12. Contact Information. Any inquiries may be directed to Capt Ken Russell, Regional Training, at the following:

- a. Office Phone: 250-363-0937; or
- b. E-Mail at Kenneth.Russell@cadets.gc.ca or rcsupac.regionaltraining@cadets.gc.ca.

N. Shim
Major
Officer Commanding Regional Training

Distribution List

Action

All Army Cadet Corps CO
J4 Movements/LSC Vernon

Information

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