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Regional Cadet Support Unit (Pacific)
PO Box 17000 Station Forces
Victoria, BC V9A 7N2

3937-1085-3 (J3 Asst Ops O/CAF Engagement)

Date in electronic signature

Distribution List

WARNING ORDER SPRING BREAK CANADIAN ARMED FORCES ENGAGEMENT 2026

Ref: A) [RCSU Pacific Program Operation Plan Fiscal Year 2025-2026](#)
B) [RCSU Pacific Calendar](#)

SITUATION

1. Regional Cadet Support Unit Pacific (RCSU Pac) is mandated to deliver activities that stimulate interest in the sea, land, and air activities of the Canadian Armed Forces.

MISSION

2. RCSU Pacific will deliver Spring Break Canadian Armed Forces (CAF) Engagement in a variety of locations to provide the cadets with lived in experiences of what careers in the CAF can look like.

ADMINISTRATIVE INSTRUCTIONS

3. Concept of Operations. The following activities will be conducted:
- a. Aviator for a Week. (specific details in Annex A) Conducted from 23 Mar 26 to 27 Mar 26, exclusive of travel days, in Victoria, BC consisting of daily trips to various CAF units and aviation centres;
 - b. Coast Guard Experience. (specific details in Annex B) Conducted from 23 Mar 26 to 27 Mar 26, exclusive of travel days, in Victoria, BC consisting of daily trips to various CCG units;
 - c. Image Technician for a Week. (specific details in Annex C) Conducted from 23 Mar 26 to 27 Mar 26, exclusive of travel days, in Victoria, BC consisting of daily trips to the CAF image tech unit;
 - d. Junior Canadian Ranger Leadership Enhanced Training Session. (specific details in Annex D) Conducted from 15 Mar 26 to 23 Mar 26 consisting of:
 - (1) leadership, fitness training and cultural trips around Winnipeg, MB 15-17 Mar 26,
 - (2) trekking and adventure training around Vernon, BC 18-19 Mar 26, and
 - (3) leadership, fitness training and cultural trips around Vancouver, BC 20-22 Mar 26;
 - e. Sail and Life Training Society Experience. (specific details in Annex E) Conducted from 16 Mar 26 to 20 Mar 26, exclusive of travel days, staging from Victoria, BC consisting of a sea phase 16 Mar 26 to 20 Mar 26 on a tall ship;
 - f. Sailor for a Week. (specific details in Annex F) will be conducted from 16 Mar 26 to 20 Mar 26, exclusive of travel days, in Victoria, BC consisting of daily trips to various CAF units; and
 - g. Sea Cadet Seamanship Deployment. (specific details in Annex G) Conducted from 15 Mar 26 to 20 Mar 26, exclusive of travel days, staging from Victoria, BC consisting of:

- (1) work up 15 Mar 26, and
- (2) sea phase 16 Mar 26 to 20 Mar 26 aboard a PCTU.

4. Cadet Registration. This activity is open to cadets from any elemental identity. Cadets that wish to participate must be registered in the appropriate Fortress serial which will be open from 12 Jan 26 to 22 Feb 26. Late applications will not be accepted. Cadets will be selected NLT 27 Feb 26 those not selected will show as “refused” in Fortress. Individuals wishing to apply shall meet the following criteria:

- a. have successfully completed time at a CTC or two overnight activities at the corps/squadron;
- b. have an active Cadet 365 account;
- c. be fluent in English language;
- d. have a validated medical record and meet the participation limitations (PLs) listed in para 5;
- e. provide supporting experience or skills in the Significant Achievements and Other Required or Relevant Information field in Fortress;
- f. be recommended and prioritized by their Cadet Corps Commanding Officer; and
- g. meet other activity specific criteria:

Activity	Fortress Serial	Element	Minimum Training Level	Age Range	Other
Aviator for a Week	AFW 2026	All	Successfully completed Phase Four / Gold Star / Level Four of the local corps/squadron program	Not older than 18-years-of-age by end of activity	
Canadian Coast Guard Experience	CCG 2026	All	Successfully completed Phase Four / Gold Star / Level Four of the local corps/squadron program	Not older than 18-years-of-age by end of activity	
Image Technician for a Week	ITFW 2026	All	Successfully completed Phase Three / Silver Star / Level Three of the local corps/squadron program	Not older than 18-years-of-age by end of activity	Successfully complete the cadet correspondent course
Junior Canadian Ranger Leadership Enhanced Training Session	JCR LETS 2026	All	Successfully completed Phase Three / Silver Star / Level Three of the local corps/squadron program	Not younger than 15-years-of-age by start of activity Not older than 18-years-of-age by end of activity	Able to hike for several days

Activity	Fortress Serial	Element	Minimum Training Level	Age Range	Other
Sail and Life Training Society Experience	SALTS 2026	All	Successfully completed Phase Three / Silver Star / Level Three of the local corps/squadron program	Not older than 18-years-of-age by end of activity	
Sailor for a Week	SFW 2026	All	Successfully completed Phase Four / Gold Star / Level Four of the local corps/squadron program	Not older than 18-years-of-age by end of activity	
Sea Cadet Seamanship Deployment	SCSD 2026	Sea	Successfully completed Phase Four of the local corps program	Not older than 18-years-of-age by end of activity	

5. Participation Limitations. Corps/squadron commanding officers should use their discretion when nominating cadets if they have additional PLs not listed in this document that may impact a cadet’s ability to participate. Reach out to the RMLO if further clarification is required. The limitation restrictions for this activity are as follows:

- a. cadets with the any variation of the following PLs shall not be considered:

Activity	Participation Limitations
(1) Aviator for a Week	(a) unfit CTC, NDA, or RDA (b) unable to travel by air
(2) Canadian Coast Guard Experience	(a) must be within 30 minutes of physician services, (b) unfit CTC, NDA, or RDA (c) unable to travel by air
(3) Image Technician for a Week	(a) unfit CTC, NDA, or RDA (b) unable to travel by air
(4) Junior Canadian Ranger Leadership Enhanced Training Session	(a) unfit CTC, NDA, or RDA (b) unable to travel by air
(5) Sail and Life Training Society Experience	(a) unfit CTC, NDA, or RDA (b) unable to travel by air (c) unable to participate in seamanship deployment
(6) Sailor for a Week	(a) unfit CTC, NDA, or RDA (b) unable to travel by air
(7) Sea Cadet Seamanship Deployment	(a) unfit CTC, NDA, or RDA (b) unable to travel by air

- b. cadets with any variation of the following PLs may apply but will require additional consultation with the RMLO prior to participation:

Activity	Participation Limitations
(1) Aviator for a Week	<ul style="list-style-type: none"> (a) requires enhanced screening for all activities outside corps/squadron area of responsibility (b) must be within 30 minutes of physician services (c) may require special care during overnight activities - Verify with cadet (d) may require close supervision (e) may require extra assistance (f) must not sleep or work in any areas above the ground (g) may not participate in training or activities with meals
(2) Canadian Coast Guard Experience	<ul style="list-style-type: none"> (a) may participate in physical activities at own pace and duration (b) requires enhanced screening for all activities outside corps/squadron area of responsibility (c) may require special care during overnight activities - Verify with cadet (d) may require close supervision (e) may require extra assistance (f) must not sleep or work in any areas above the ground (g) may not participate in training or activities with meals
(3) Image Technician for a Week	<ul style="list-style-type: none"> (a) requires enhanced screening for all activities outside corps/squadron area of responsibility (b) may require special care during overnight activities - Verify with cadet (c) may not participate in training or activities with meals
(4) Junior Canadian Ranger Leadership Enhanced Training Session	<ul style="list-style-type: none"> (a) requires enhanced screening for all activities outside corps/squadron area of responsibility (b) must be within 30 minutes of physician services (c) may require special care during overnight activities - verify with cadet (d) may require close supervision (e) may require extra assistance (f) must not sleep or work in any areas above the ground (g) may not participate in training or activities with meals
(5) Sail and Life Training Society Experience	<ul style="list-style-type: none"> (a) requires enhanced screening for all activities outside corps/squadron area of responsibility (b) must be within 30 minutes of physician services (c) may require special care during overnight activities - Verify with cadet (d) may require close supervision (e) may require extra assistance (f) must not sleep or work in any areas above the ground (g) may not participate in training or activities with meals
(6) Sailor for a Week	<ul style="list-style-type: none"> (a) requires enhanced screening for all activities outside corps/squadron area of responsibility (b) may require special care during overnight activities - Verify with cadet (c) may require close supervision (d) may require extra assistance (e) must not sleep or work in any areas above the ground (f) may not participate in training or activities with meals
(7) Sea Cadet Seamanship Deployment	<ul style="list-style-type: none"> (a) requires enhanced screening for all activities outside corps/squadron area of responsibility (b) may require special care during overnight activities - Verify with cadet (c) may require close supervision (d) may require extra assistance (e) must not sleep or work in any areas above the ground (f) may not participate in training or activities with meals

- c. cadets wishing to apply that have PLs listed in sub-para 5a should initiate a PL review with the RMLO to have their PLs reviewed.

6. Billet Allocation. Billets for this activity with allocations as follows:

	Van Island Area	Lower Mainland Area	Interior Area	Junior Canadian Rangers	RCSU (NW)	Sp Cdt Any Area	Total
AFW	3	5	3	1			12
CCG	3	5	3	1			12
ITFW							6
JCR LETS							1
SALTS	6	12	6	1			27
SFW	5	12	6	1	3	2	12
SCSD	2	5	2				16

7. Accommodations. Accommodations will vary from barracks, shipboard bunks, or cots in mod tents based on activity and phase. See specific annex for additional information.

8. Rations. Breakfast, lunch and dinners will be served base galleys, boxed lunches, or MREs based on activity and phase. See specific annex for additional information. Apart from vegetarian and religious dietary restrictions, other dietary restrictions cannot be accommodated. Those who are requesting foods to meet vegetarian or religious dietary restrictions must advise the OPI via email to RCSUPac.J3@cadets.gc.ca

9. Travel Documents. All travel documents will be published in Fortress once the cadets have been selected.

10. Escort Selection Process. There is one escort position available for this activity. Individuals interested in working as an escort officer shall apply using the J1 SharePoint tool “[Expressions of Interests](#)” **NLT 22 Feb 26**. Individuals wishing to be an escort officer should meet the following criteria:

Activity	Positions	Requirements
a. Aviator for a Week	One OIC One Supervisor	(1) be available from 23 Mar 26 to 27 Mar 26; (2) have a valid 404; (3) be medically and physically fit; and (4) not have a medical exemption limitation that would preclude active supervision of the activity.
b. Canadian Coast Guard Experience	One OIC One Supervisor	(1) be available from 22 Mar 26 to 24 Mar 26; (2) have a valid 404; (3) be medically and physically fit; and (4) not have a medical exemption limitation that would preclude active supervision of the activity.
c. Image Technician for a Week	One OIC	(1) be available from 22 Mar 26 to 28 Mar 26; (2) have a valid 404; (3) have experience working as a UPAR; (4) be medically and physically fit; and (5) not have a medical exemption limitation that would preclude active supervision of the activity.
d. Junior Canadian Ranger Leadership Enhanced Training Session	NIL	

Activity	Positions	Requirements
e. Sail and Life Training Society Experience	One OIC Two Supervisors	(1) be available from 15 Mar 26 to 21 Mar 26; (2) have a valid 404; (3) be medically and physically fit; and (4) not have a medical exemption limitation that would preclude active supervision of the activity.
f. Sailor for a Week	One OIC Three Supervisors	(1) be available from 22 Mar 26 to 24 Mar 26; (2) have a valid 404; (3) be medically and physically fit; and (4) not have a medical exemption limitation that would preclude active supervision of the activity.
g. Sea Cadet Seamanship Deployment	One OIC Two Trg O	(1) Be available from 13 Mar 26 to 22 Mar 26 (2) have a valid 404 (3) be medically and physically fit (4) not have a medical exemption limitation that would preclude active supervision of the activity

11. Support Cadets.

- a. Cadets desiring to fill the positions must meet the participant requirements in para 4 and be qualified Phase Four / Gold Star / Level Four. They may apply by registering for the serial in Fortress and submitting an expression of interest by email through their Corps/Squadron Commanding Officer to RCSUPac.J3@cadets.gc.ca with subject line “Support Cadet Application” NLT **22 Feb 26**. In their email, the cadet shall demonstrate how the meet the requirements as established for the activity;
- b. Corps/Squadron Commanding Officers shall provide an endorsement when forwarding the email from the cadet. Identified support cadet(s) shall be notified by email when their Offer of Participation is sent;
- c. Support cadet positions are available as follows:

Activity	Positions	Requirements
(1) Sea Cadet Seamanship Deployment	Two positions	(a) experience leading groups of cadets (b) experience living in a sea training environment (c) experience responding to emergent situations

12. Contact Information. J3 Operations is the overall OPI of the event. Inquiries or returns can be directed as follows:

Activity	Point of Contact
a. Aviator for a Week	(1) Capt Maritza Matheson, J3 Operations Officer (a) email: RSCUPac.J3@cadets.gc.ca with subject line “Aviator for a Week” (b) office phone: 250-363-0900.
b. Canadian Coast Guard Experience	
c. Junior Canadian Ranger Leadership Enhanced Training Session	
d. Sail and Life Training Society Experience	

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Activity	Point of Contact
e. Sailor for a Week	
f. Sea Cadet Seamanship Deployment	
g. Image Technician for a Week	(1) Capt Jacqueline Zweng, Public Affairs Officer (a) email: Jacqueline.Zweng@forces.gc.ca (b) Teams msg: Jacqueline.Zweng@cadets.gc.ca .

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Annexes

- Annex A Aviator for a Week
- Annex B Coast Guard Experience
- Annex C Image Technician for a Week
- Annex D Junior Canadian Ranger Leadership Enhanced Training Session
- Annex E Sail and Life Training Society Experience
- Annex F Sailor for a Week
- Annex G Sea Cadet Seamanship Deployment

Distribution List

Action

All Pacific Region Cadet Corps/Squadrons

Information

RCSU//DCO/COS/RCWO/Area OC/Zone Trg O/PAO/ROCC/RMLO/J35/J4/RCSU Pacific
Central Registry/

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Annex A 3937-1085-3 (J3 Asst Ops O/CAF Engagement) AVIATOR FOR A WEEK

CONCEPT OF ACTIVITY

1. Aviator for a Week is structured to expose cadets to aviation career options with both CAF and civilian employers.

DATES OF TRAINING

2. Aviator for a Week will be conducted from 23 Mar 26 to 27 Mar 26, exclusive of travel days, in Victoria, BC consisting of daily trips to various CAF units and aviation centres.

CADET REGISTRATION

3. This activity is open to cadets from any elemental identity. Cadets that wish to participate in Aviator for a Week must be registered in Fortress serial **AFW 2026** which will be open from 12 Jan 26 to 22 Feb 26. Late applications will not be accepted. Cadets will be selected NLT 27 Feb 26 those not selected will show as “refused” in Fortress. Individuals wishing to apply shall meet the following criteria:

- a. not be older than 18 years of age by the end of the activity;
- b. have successfully completed Phase Four / Gold Star / Level Four of the local corps/squadron program;
- c. have successfully completed time at a CTC or two overnight activities at the corps/squadron;
- d. have an active Cadet 365 account;
- e. be fluent in English language;
- f. be free of medical and dental problems and meet the participation limitations (PLs) listed in para 5;
- g. provide supporting experience or skills in the Significant Achievements and Other Required or Relevant Information field in Fortress; and
- h. be recommended and prioritized by their Corps/Squadron Commanding Officer.

PARTICIPATION LIMITATIONS

4. Corps/squadron commanding officers should use their discretion when nominating cadets if they have additional PLs not listed in this document that may impact a cadet’s ability to participate. Reach out to the RMLO if further clarification is required.

- a. cadets with the any variation of the following participation limitation shall not be considered:
 - (1) unfit CTC, NDA, or RDA, or
 - (2) unable to travel by air; and
- b. cadets with the following PLs may apply but will require additional consultation with the RMLO prior to participation:
 - (1) requires enhanced screening for all activities outside corps/squadron area of responsibility,
 - (2) must be within 30 minutes of physician services,
 - (3) may require special care during overnight activities - Verify with cadet,

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- (4) may require close supervision,
 - (5) may require extra assistance,
 - (6) must not sleep or work in any areas above the ground, or
 - (7) may not participate in training or activities with meals.
- c. cadets wishing to apply that have PLs listed in sub-para 5a should initiate a PL review with the RMLO to have their PLs reviewed.

BILLET ALLOCATION

5. There are 12 billets for this activity with allocations as follows:

- a. Vancouver Island Area: three;
- b. Lower Mainland Area: five;
- c. Interior Area: three; and
- d. Junior Canadian Rangers: one.

ACCOMMODATIONS

6. Cadets will be accommodated in barracks at the Albert Head Training Facility, with linen provided.

RATIONS

7. Breakfast, lunch and dinners will be served in a mix of mess halls and boxed lunches. Apart from vegetarian and religious dietary restrictions, other dietary restrictions cannot be accommodated. Those who are requesting foods to meet vegetarian or religious dietary restrictions must advise the OPI via email to RCSUPac.J3@cadets.gc.ca with subject line “Dietary Restrictions – Aviator for a Week” once accepted.

TRAVEL DOCUMENTS

8. All travel documents will be published in Fortress once the cadets have been selected.

ESCORT SELECTION PROCESS

9. There are two escort positions available for the activity. Individuals interested in working as an escort officer shall apply using the J1 SharePoint tool “[Expressions of Interests](#)” **NLT 22 Feb 26**. Individuals wishing to be an escort officer should meet the following criteria:

- a. be available from 23 Mar 26 to 27 Mar 26;
- b. have a valid 404;
- c. be medically and physically fit; and
- d. not have a medical exemption limitation that would preclude active supervision of the activity.

CONTACT INFORMATION

10. The point of contact for this activity is Capt Maritza Matheson, J3 Operations Officer. Inquiries or returns can be directed as follows:

- a. email: RSCUPac.J3@cadets.gc.ca with subject line “Aviator for a Week”; and
- b. office phone: 250-363-0900.

Annex B
3937-1085-3 (J3 Asst Ops O/CAF Engagement)
COAST GUARD EXPERIENCE

CONCEPT OF ACTIVITY

1. Canadian Coast Guard (CCG) Experience is structured to expose cadets to Coast Guard career options with both CCG uniform and civilian members.

DATES OF TRAINING

2. Coast Guard Experience will be conducted from 23 Mar 26 to 27 Mar 26, exclusive of travel days, in Victoria, BC consisting of daily trips to various CCG units.

CADET REGISTRATION

3. This activity is open to cadets from any elemental identity. Cadets that wish to participate in CCG Experience must be registered in Fortress serial **CCG 2026** which will be open from 12 Jan 26 to 22 Feb 26. Late applications will not be accepted. Cadets will be selected NLT 27 Feb 26 those not selected will show as “refused” in Fortress. Individuals wishing to apply shall meet the following criteria

- a. not be older than 18 years of age by the end of the activity;
- b. have successfully completed Phase Four / Gold Star / Level Four of the local corps/squadron program;
- c. have successfully completed time at a CTC or two overnight activities at the corps/squadron;
- d. have an active Cadet 365 account;
- e. be fluent in English language;
- f. be free of medical and dental problems and meet the participation limitations (PLs) listed in para 5;
- g. provide supporting experience or skills in the Significant Achievements and Other Required or Relevant Information field in Fortress; and
- h. be recommended and prioritized by their Corps/Squadron Commanding Officer.

PARTICIPATION LIMITATIONS

4. Corps/squadron commanding officers should use their discretion when nominating cadets if they have additional PLs not listed in this document that may impact a cadet’s ability to participate. Reach out to the RMLO if further clarification is required. The limitation restrictions for this activity are as follows:

- a. cadets with the any variation of the following PLs shall not be considered:
 - (1) must be within 30 minutes of physician services,
 - (2) unfit CTC, NDA, or RDA, or
 - (3) unable to travel by air;
- b. cadets with any variation of the following PLs may apply but will require additional consultation with the RMLO prior to participation:
 - (1) may participate in physical activities at own pace and duration,
 - (2) requires enhanced screening for all activities outside corps/squadron area of responsibility,

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- (3) may require special care during overnight activities - Verify with cadet,
 - (4) may require close supervision,
 - (5) may require extra assistance,
 - (6) must not sleep or work in any areas above the ground, or
 - (7) may not participate in training or activities with meals.
- c. cadets wishing to apply that have PLs listed in sub-para 5a should initiate a PL review with the RMLO to have their PLs reviewed.

BILLET ALLOCATION

5. There are 12 billets for this activity with allocations as follows:
- a. Vancouver Island Area: three;
 - b. Lower Mainland Area: five;
 - c. Interior Area: three; and
 - d. Junior Canadian Rangers: one.

ACCOMMODATIONS

6. Cadets will be accommodated in barracks at the Albert Head Training Facility, with linen provided.

RATIONS

7. Breakfast, lunch and dinners will be served at the base galleys. Apart from vegetarian and religious dietary restrictions, other dietary restrictions cannot be accommodated. Those who are requesting foods to meet vegetarian or religious dietary restrictions must advise the OPI via email to RCSUPac.J3@cadets.gc.ca with subject line “Dietary Restrictions – CCG Experience” once accepted.

TRAVEL DOCUMENTS

8. All travel documents will be published in Fortress once the cadets have been selected.

ESCORT SELECTION PROCESS

9. There are two escort positions available for this activity. Individuals interested in working as an escort officer shall apply using the J1 SharePoint tool “[Expressions of Interests](#)” **NLT 22 Feb 26**. Individuals wishing to be an escort officer should meet the following criteria:
- a. be available from 22 Mar 26 to 24 Mar 26;
 - b. have a valid 404;
 - c. be medically and physically fit; and
 - d. not have a medical exemption limitation that would preclude active supervision of the activity.

CONTACT INFORMATION

10. The point of contact for this activity is Capt Maritza Matheson, J3 Operations Officer. Inquiries or returns can be directed as follows:
- a. email: RSCUPac.J3@cadets.gc.ca with subject line “Aviator for a Week”; and
 - b. office phone: 250-363-0900.

Annex C
3937-1085-3 (J3 Asst Ops O/CAF Engagement)
IMAGE TECHNICIAN FOR A WEEK

CONCEPT OF ACTIVITY

1. Image Technician for a Week is structured to expose cadets to imagery and public affairs career opportunities while expanding the capability of the RCSU Pacific Cadet Media Team.

DATES OF TRAINING

2. Image Technician for a Week will be conducted from 23 Mar 26 to 27 Mar 26, exclusive of travel days, in Victoria, BC consisting of daily trips to the CAF image tech unit.

CADET REGISTRATION

3. This activity is open to cadets from any elemental identity with priority for those that are a member of the Cadet Media Team. Cadets that wish to participate in ITFW must be registered in Fortress serial ***ITFW 2026*** which will be open from 16 Jan 26 to 22 Feb 26. Late applications will not be accepted. Cadets will be selected NLT 27 Feb 26 those not selected will show as “refused” in Fortress. Individuals wishing to apply shall meet the following criteria:

- a. not be older than 18 years of age by the end of the activity;
- b. have successfully completed Phase Three / Silver Star / Level Three of the local corps/squadron program;
- c. have successfully complete the cadet correspondent course;
- d. have successfully completed time at a CTC or two overnight activities at the corps/squadron;
- e. have an active Cadet 365 account;
- f. be fluent in English language;
- g. have a validated medical record and meet the participation limitations (PLs) listed in para 5;
- h. provide supporting experience or skills in the Significant Achievements and Other Required or Relevant Information field in Fortress; and
- i. be recommended and prioritized by their Cadet Corps Commanding Officer.

PARTICIPATION LIMITATIONS

4. Corps/squadron commanding officers should use their discretion when nominating cadets if they have additional PLs not listed in this document that may impact a cadet’s ability to participate. Reach out to the RMLO if further clarification is required. The limitation restrictions for this activity are as follows:

- a. cadets with the any variation of the following PLs shall not be considered:
 - (1) unfit CTC, NDA, or RDA,
 - (2) unable to travel by air, or
- b. cadets with any variation of the following PLs may apply but will require additional consultation with the RMLO prior to participation:
 - (1) requires enhanced screening for all activities outside corps/squadron area of responsibility,
 - (2) may require special care during overnight activities - Verify with cadet, or

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- (3) may not participate in training or activities with meals; and
- c. cadets wishing to apply that have PLs listed in sub-para 5a should initiate a PL review with the RMLLO to have their PLs reviewed.

BILLET ALLOCATION

5. There are six billets for this activity. Selection priority will be for members of the Cadet Media Team.

ACCOMMODATIONS

6. Cadets will be accommodated in barracks at the Albert Head Training Facility, with linen provided.

RATIONS

7. Breakfast, lunch and dinners will be served at the base galleys. Apart from vegetarian and religious dietary restrictions, other dietary restrictions cannot be accommodated. Those who are requesting foods to meet vegetarian or religious dietary restrictions must advise the OPI via email to RCSUPac.J3@cadets.gc.ca with subject line “Dietary Restrictions – Image Tech for a Week” once accepted.

TRAVEL DOCUMENTS

8. All travel documents will be published in Fortress once the cadets have been selected.

ESCORT SELECTION PROCESS

9. There is one escort position available for this activity. Individuals interested in working as an escort officer shall apply using the J1 SharePoint tool “[Expressions of Interests](#)” **NLT 22 Feb 26**. Individuals wishing to be an escort officer should meet the following criteria:

- a. be available from 22 Mar 26 to 28 Mar 26;
- b. have a valid 404;
- c. have experience working as a UPAR;
- d. be medically and physically fit; and
- e. not have a medical exemption limitation that would preclude active supervision of the activity.

CONTACT INFORMATION

10. The point of contact for this activity is Capt Maritza Matheson, J3 Operations Officer. Inquiries or returns can be directed as follows:

- a. email: RSCUPac.J3@cadets.gc.ca with subject line “Aviator for a Week”; and
- b. office phone: 250-363-0900.

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Annex D

3937-1085-3 (J3 Asst Ops O/CAF Engagement)

JUNIOR CANADIAN RANGER LEADERSHIP ENHANCED TRAINING SESSION

CONCEPT OF ACTIVITY

1. Enhanced Training Sessions (ETS) aim to stimulate interest and enthusiasm for Community Training participation, by providing opportunities for Junior Canadian Rangers (JCRs) beyond what they normally do in their Patrols. A cadet will be integrated into the JCR ETS that is focused on developing leadership potential/

DATES OF TRAINING

2. JCR LETS will be conducted from 15 Mar 26 to 23 Mar 26, consisting of:
- a. leadership, fitness training and cultural trips around Winnipeg, MB 15-17 Mar 26,
 - b. trekking and adventure training around Vernon, BC 18-19 Mar 26, and
 - c. leadership, fitness training and cultural trips around Vancouver, BC 20-22 Mar 26;

CADET REGISTRATION

3. This activity is open to cadets from any elemental identity. Cadets that wish to participate in JCR LETS must be registered in Fortress serial **JCR 2026** which will be open from 12 Jan 26 to 22 Feb 26. Late applications will not be accepted. Cadets will be selected NLT 27 Feb 26 those not selected will show as “refused” in Fortress. Individuals wishing to apply shall meet the following criteria:

- a. have attained the age of 15-years-old before the start of the activity;
- b. not be older than 18 years of age by the end of the activity;
- c. have successfully completed Phase Three / Silver Star / Level Three of the local corps/squadron program;
- d. be able to hike for several days;
- e. have successfully completed time at a CTC or two overnight activities at the corps/squadron;
- f. have an active Cadet 365 account;
- g. be fluent in English language;
- h. be free of medical and dental problems and meet the participation limitations (PLs) listed in para 5;
- i. provide supporting experience or skills in the Significant Achievements and Other Required or Relevant Information field in Fortress; and
- j. be recommended and prioritized by their Corps/Squadron Commanding Officer.

PARTICIPATION LIMITATIONS

4. Corps/squadron commanding officers should use their discretion when nominating cadets if they have additional PLs not listed in this document that may impact a cadet’s ability to participate. Reach out to the RMLO if further clarification is required.

- a. cadets with the any variation of the following participation limitation shall not be considered:
 - (1) unfit CTC, NDA, or RDA, or
 - (2) unable to travel by air; and

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- b. cadets with the following PLs may apply but will require additional consultation with the RMLO prior to participation:
 - (1) requires enhanced screening for all activities outside corps/squadron area of responsibility,
 - (2) must be within 30 minutes of physician services,
 - (3) may require special care during overnight activities - verify with cadet,
 - (4) may require close supervision,
 - (5) may require extra assistance,
 - (6) must not sleep or work in any areas above the ground, or
 - (7) may not participate in training or activities with meals.
- c. cadets wishing to apply that have PLs listed in sub-para 5a should initiate a PL review with the RMLO to have their PLs adjusted.

BILLET ALLOCATION

- 5. There is one billet for this activity.

ACCOMMODATIONS

- 6. Cadets will be accommodated in a mix of barracks and hotels depending on city.

RATIONS

- 7. Breakfast, lunch and dinners will be served at a mix of CAF mess halls and restaurants. Apart from vegetarian and religious dietary restrictions, CAF mess halls may not be able to accommodate other dietary restrictions.

TRAVEL DOCUMENTS

- 8. All travel documents will be published in Fortress once the cadet have been selected.

CONTACT INFORMATION

- 9. The point of contact for this activity is Capt Maritza Matheson, J3 Operations Officer. Inquiries or returns can be directed as follows:
 - a. email: RSCUPac.J3@cadets.gc.ca with subject line “Aviator for a Week”; and
 - b. office phone: 250-363-0900.

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Annex E
3937-1085-3 (J3 Asst Ops O/CAF Engagement)
SAIL AND LIFE TRAINING SOCIETY EXPERIENCE

CONCEPT OF ACTIVITY

1. Sail and Life Training Society Experience is structured to expose cadets to living experiences on a ship.

DATES OF TRAINING

2. SALTS Experience will be conducted from 16 Mar 26 to 20 Mar 26, exclusive of travel days, staging from Victoria, BC consisting of a sea phase 16 Mar 26 to 20 Mar 26 on a tall ship.

CADET REGISTRATION

3. This activity is open to cadets from any elemental identity. Cadets that wish to participate in SALTS Experience must be registered in Fortress serial ***SALTS 2026*** which will be open from 12 Jan 26 to 22 Feb 26. Late applications will not be accepted. Cadets will be selected NLT 27 Feb 26 those not selected will show as “refused” in Fortress. Individuals wishing to apply shall meet the following criteria:

- a. not be older than 18 years of age by the end of the activity;
- b. have successfully completed Phase Three / Silver Star / Level Three of the local program;
- c. have successfully completed time at a CTC or two overnight activities at the corps/squadron;
- d. have an active Cadet 365 account;
- e. be fluent in English language;
- f. be free of medical and dental problems and meet the participation limitations (PLs) listed in para 5;
- g. provide supporting experience or skills in the Significant Achievements and Other Required or Relevant Information field in Fortress; and
- h. be recommended and prioritized by their Cadet Corps Commanding Officer.

PARTICIPATION LIMITATIONS

4. Corps/squadron commanding officers should use their discretion when nominating cadets if they have additional PLs not listed in this document that may impact a cadet’s ability to participate. Reach out to the RMLO if further clarification is required. The limitation restrictions for this activity are as follows:

- a. cadets with the any variation of the following PLs shall not be considered:
 - (1) unfit CTC, NDA, or RDA,
 - (2) unable to travel by air, or
 - (3) unable to participate in seamanship deployment;
- b. cadets with any variation of the following PLs may apply but will require additional consultation with the RMLO prior to participation:
 - (1) requires enhanced screening for all activities outside corps/squadron area of responsibility,
 - (2) must be within 30 minutes of physician services,

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- (3) may require special care during overnight activities - Verify with cadet,
 - (4) may require close supervision,
 - (5) may require extra assistance,
 - (6) must not sleep or work in any areas above the ground, or
 - (7) may not participate in training or activities with meals; and
- c. cadets wishing to apply that have PLs listed in sub-para 5a should initiate a PL review with the RMLO to have their PLs reviewed.

BILLET ALLOCATION

5. There are 27 billets for this activity with allocations as follows:

- a. Vancouver Island Area: six;
- b. Lower Mainland Area: 12;
- c. Interior Area: eight; and
- d. Junior Canadian Rangers: one.

ACCOMMODATIONS

6. Onboard ship cadets will be housed in three-tier bunks in close confinement. The evening prior to and following the experience, cadets will be accommodated in barracks at the Albert Head Training Facility, with linen provided.

RATIONS

7. Breakfast, lunch and dinners will be served at the onboard galley. Apart from vegetarian and religious dietary restrictions, other dietary restrictions cannot be accommodated. Those who are requesting foods to meet vegetarian or religious dietary restrictions must advise the OPI via email to RCSUPac.J3@cadets.gc.ca with subject line “Dietary Restrictions – SALT Experience” once accepted.

TRAVEL DOCUMENTS

8. All travel documents will be published in Fortress once the cadets have been selected.

ESCORT SELECTION PROCESS

9. There are three escort positions available for this activity. Individuals interested in working as an escort officer shall apply using the J1 SharePoint tool “[Expressions of Interests](#)” **NLT 22 Feb 26**. Individuals wishing to be an escort officer should meet the following criteria:

- a. be available from 15 Mar 26 to 21 Mar 26;
- b. have a valid 404;
- c. be medically and physically fit; and
- d. not have a medical exemption limitation that would preclude active supervision of the activity.

SUPPORT CADETS

10. There are two support cadet positions available for this activity. The support cadets will primarily act as a participant and will be used to coordinate between the escort officers and the other cadet participants.

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11. Cadets desiring to fill the positions must meet the participant requirements in para 4 and be qualified Phase Four / Gold Star / Level Four. They may apply by registering for the serial in Fortress and submitting an expression of interest by email through their Corps/Squadron Commanding Officer to RCSUPac.J3@cadets.gc.ca with subject line “Support Cadet Application – SALTS Experience” NLT 22 Feb 26. Corps/Squadron Commanding Officers shall provide an endorsement when forwarding the email from the cadet. Identified support cadet(s) shall be notified by email when their Offer of Participation is sent.

12. In their email submission, the cadet should demonstrate they meet the following criteria:

- a. experience leading groups of cadets;
- b. experience living in a sea training environment; and
- c. experience responding to emergent situations.

CONTACT INFORMATION

13. The point of contact for this activity is Capt Maritza Matheson, J3 Operations Officer. Inquiries or returns can be directed as follows:

- a. email: RSCUPac.J3@cadets.gc.ca with subject line “Aviator for a Week”; and
- b. office phone: 250-363-0900.

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Annex F
3937-1085-3 (J3 Asst Ops O/CAF Engagement)
SAILOR FOR A WEEK

CONCEPT OF ACTIVITY

1. Sailor for a Week is structured to expose cadets to naval career options with the CAF by touring a variety of RCN units.

DATES OF TRAINING

2. Sailor for a Week will be conducted from 16 Mar 26 to 20 Mar 26, exclusive of travel days, in Victoria, BC consisting of daily trips to various CAF units.

CADET REGISTRATION

3. This activity is open to cadets from any elemental identity. Cadets that wish to participate in Sailor for a Week must be registered in Fortress serial *SFW 2026* which will be open from 12 Jan 26 to 22 Feb 26. Late applications will not be accepted. Cadets will be selected NLT 27 Feb 26 those not selected will show as “refused” in Fortress. Individuals wishing to apply shall meet the following criteria:

- a. not be older than 18 years of age by the end of the activity;
- b. have successfully completed Phase Four / Gold Star / Level Four of the local corps/squadron program;
- c. have successfully completed time at a CTC or two overnight activities at the corps/squadron;
- d. have an active Cadet 365 account;
- e. be fluent in English language;
- f. be free of medical and dental problems and meet the participation limitations (PLs) listed in para 5;
- g. provide supporting experience or skills in the Significant Achievements and Other Required or Relevant Information field in Fortress; and
- h. be recommended and prioritized by their Cadet Corps Commanding Officer.

PARTICIPATION LIMITATIONS

4. Corps/squadron commanding officers should use their discretion when nominating cadets if they have additional PLs not listed in this document that may impact a cadet’s ability to participate. Reach out to the RMLO if further clarification is required. The limitation restrictions for this activity are as follows:

- a. cadets with the any variation of the following PLs shall not be considered:
 - (1) unfit CTC, NDA, or RDA,
 - (2) unable to travel by air, or
- b. cadets with any variation of the following PLs may apply but will require additional consultation with the RMLO prior to participation:
 - (1) requires enhanced screening for all activities outside corps/squadron area of responsibility,
 - (2) may require special care during overnight activities - Verify with cadet,
 - (3) may require close supervision,

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- (4) may require extra assistance,
 - (5) must not sleep or work in any areas above the ground, or
 - (6) may not participate in training or activities with meals.
- c. cadets wishing to apply that have PLs listed in sub-para 5a should initiate a PL review with the RMLO to have their PLs reviewed.

BILLET ALLOCATION

5. There are 24 billets for this activity with allocations as follows:

- a. Vancouver Island Area: five;
- b. Lower Mainland Area: 12;
- c. Interior Area: six; and
- d. Junior Canadian Rangers: one.

ACCOMMODATIONS

6. Cadets will be accommodated in barracks at the Albert Head Training Facility, with linen provided.

RATIONS

7. Breakfast, lunch and dinners will be served at the base galleys. Apart from vegetarian and religious dietary restrictions, other dietary restrictions cannot be accommodated. Those who are requesting foods to meet vegetarian or religious dietary restrictions must advise the OPI via email to RCSUPac.J3@cadets.gc.ca with subject line “Dietary Restrictions – Sailor for a Week” once accepted.

TRAVEL DOCUMENTS

8. All travel documents will be published in Fortress once the cadets have been selected.

ESCORT SELECTION PROCESS

9. There are three escort positions available for this activity. Individuals interested in working as an escort officer shall apply using the J1 SharePoint tool “[Expressions of Interests](#)” **NLT 22 Feb 26**. Individuals wishing to be an escort officer should meet the following criteria:

- a. be available from 22 Mar 26 to 24 Mar 26;
- b. have a valid 404;
- c. be medically and physically fit; and
- d. not have a medical exemption limitation that would preclude active supervision of the activity.

SUPPORT CADETS

10. There are two support cadet position available for this activity. Support cadets will primarily act as participants and will be used to coordinate between the escort officers and the other cadet participants.

11. Cadets desiring to fill the positions must meet the participant requirements in para 4 and be qualified Phase Four / Gold Star / Level Four. They may apply by registering for the serial in Fortress and submitting an expression of interest by email through their Corps/Squadron Commanding Officer to RCSUPac.J3@cadets.gc.ca with subject line “Support Cadet Application – Sailor for a Week” **NLT 22 Feb 26**. Corps/Squadron Commanding Officers shall

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provide an endorsement when forwarding the email from the cadet. Identified support cadet(s) shall be notified by email when their Offer of Participation is sent.

12. In their email submission, the cadet should demonstrate they meet the following criteria:
 - a. experience leading groups of cadets;
 - b. experience living in a group environment; and
 - c. experience responding to emergent situations.

CONTACT INFORMATION

13. The point of contact for this activity is Capt Maritza Matheson, J3 Operations Officer. Inquiries or returns can be directed as follows:

- a. email: RSCUPac.J3@cadets.gc.ca with subject line “Aviator for a Week”; and
- b. office phone: 250-363-0900.

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Annex G
3937-1085-3 (J3 Asst Ops O/CAF Engagement)
SEA CADET SEAMANSHIP DEPLOYMENT

CONCEPT OF ACTIVITY

1. Sea Cadet Seamanship Deployment is structured to expose cadets to naval career opportunities by training cadets with the PCTU on a RCN training platform.

DATES OF TRAINING

2. Sea Cadet Seamanship Deployment will be conducted from 15 Mar 26 to 20 Mar 26, exclusive of travel days, staging from Victoria, BC consisting of:

- a. work up 15 Mar 26, and
- b. sea phase 16 Mar 26 to 20 Mar 26 aboard a PCTU.

CADET REGISTRATION

3. This activity is only open to sea cadets. Cadets that wish to participate in the Cadet Seamanship Deployment must be registered in Fortress serial **SCSD 2026-3** which will be open from 12 Jan 26 to 22 Feb 26. Late applications will not be accepted. Cadets will be selected NLT 27 Feb 26 those not selected will show as “refused” in Fortress. Individuals wishing to apply shall meet the following criteria:

- a. not be older than 18 years of age by the end of the activity;
- b. have successfully completed Phase Four of the local corps program;
- c. have successfully completed time at a CTC or two overnight activities at the corps/squadron;
- d. have an active Cadet 365 account;
- e. be fluent in English language;
- f. be free of medical and dental problems and meet the participation limitations (PLs) listed in para 5;
- g. provide supporting experience or skills in the Significant Achievements and Other Required or Relevant Information field in Fortress; and
- h. be recommended and prioritized by their Cadet Corps Commanding Officer.

PARTICIPATION LIMITATIONS

4. Corps/squadron commanding officers should use their discretion when nominating cadets if they have additional PLs not listed in this document that may impact a cadet’s ability to participate. Reach out to the RMLO if further clarification is required. The limitation restrictions for this activity are as follows:

- a. cadets with the any variation of the following PLs shall not be considered:
 - (1) unfit CTC, NDA, or RDA,
 - (2) unable to travel by air, or
 - (3) must be within 30 minutes of physician services,
 - (4) unable to participate in seamanship deployment;
- b. cadets with any variation of the following PLs may apply but will require additional consultation with the RMLO prior to participation:

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- (1) requires enhanced screening for all activities outside corps/squadron area of responsibility,
 - (2) may require special care during overnight activities - Verify with cadet,
 - (3) may require close supervision,
 - (4) may require extra assistance,
 - (5) must not sleep or work in any areas above the ground, or
 - (6) may not participate in training or activities with meals.
 - c. cadets wishing to apply that have PLs listed in sub-para 5a should initiate a PL review with the RMLO to have their PLs reviewed.
5. Billet Allocation. There are 16 billets for this activity with allocations as follows:
- a. Vancouver Island Area: two;
 - b. Lower Mainland Area: five;
 - c. Interior Area: three;
 - d. Regional Cadet Support Unit (Northwest): three;
 - e. Junior Canadian Rangers: one; and
 - f. Support Cadets from any area: two.

ACCOMMODATIONS

6. Cadets will be accommodated in barracks at the Albert Head Training Facility, with linen provided.

RATIONS

7. Breakfast, lunch and dinners will be served at the base galleys. Apart from vegetarian and religious dietary restrictions, other dietary restrictions cannot be accommodated. Those who are requesting foods to meet vegetarian or religious dietary restrictions must advise the OPI via email if accepted.

TRAVEL DOCUMENTS

8. All travel documents will be published in Fortress once the cadets have been selected.

ESCORT SELECTION PROCESS

9. There are three escort positions available for the activity. Individuals interested in working as an escort officer shall apply using the J1 SharePoint tool "[Expressions of Interests](#)" **NLT 22 Feb 26**. Individuals wishing to be an escort officer should meet the following criteria:

- a. Be available from 13 Mar 26 to 22 Mar 26;
- b. have a valid 404;
- c. be medically and physically fit; and
- d. not have a medical exemption limitation that would preclude active supervision of the activity.

SUPPORT CADETS

10. There are two support cadet positions available for this activity. The support cadets for this activity will not be considered participants but will fill a training and coordinating roll under the direction of the escort officers.

11. Interested cadets must meet the participant requirements in para 4 and be qualified Phase Four. They may apply by registering for the serial in Fortress and submitting an expression of interest by email through their Corps/Squadron Commanding Officer to RCSUPac.J3@cadets.gc.ca with subject line “Support Cadet Application – Cadet Seamanship Deployment” NLT 22 Feb 26. Corps/Squadron Commanding Officers shall provide an endorsement when forwarding the email from the cadet. Identified support cadet(s) shall be notified by email when their Offer of Participation is sent.

12. In their email submission, the cadet should demonstrate they meet the following criteria:

- a. experience leading groups of cadets;
- b. experience living in a sea training environment; and
- c. experience responding to emergent situations.

CONTACT INFORMATION

13. The point of contact for this activity is Capt Maritza Matheson, J3 Operations Officer. Inquiries or returns can be directed as follows:

- a. email: RSCUPac.J3@cadets.gc.ca with subject line “Aviator for a Week”; and
- b. office phone: 250-363-0900.